

VILLA SPA

At liberty
to be a pleasure .
seeker



Dear guest,

welcome to VILLA SPA. Indulge in our carefully curated programs and treatments designed to help you achieve the perfect balance of body and mind. Choose a unique combination of treatments crafted to awaken your senses, enhance your well-being, and reveal your natural beauty.

We invite you on a journey of pleasure, luxury, and complete devotion to the art of living. Immerse yourself in an unforgettable Mediterranean experience, where centuries-old body care traditions blend seamlessly with the latest technology and award-winning professional service.

For your treatments, we have selected only the finest, locally crafted products – including hand-harvested Ston sea salt and remedies from the Franciscan Pharmacy, one of the oldest pharmacies in Europe.

Discover unique treatments made with Istrian premium olive pomace and medicinal herbs from the Dubrovnik region. For face and body care, we have chosen the luxurious natural Sodashi skincare line, and inovative luxury 111 Skincare line.

Villa Spa natural treatments

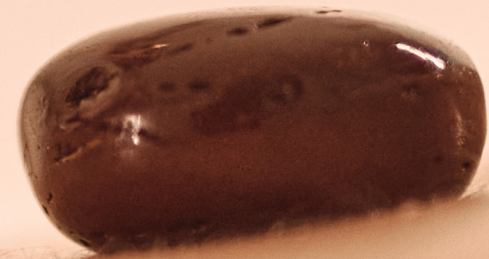
In our treatments, we use carefully selected natural cosmetics, oils, and creams infused with the healing properties of Mediterranean herbs. Among the most treasured ingredients are those sourced from our local surroundings, cultivated and crafted for centuries following traditional recipes.

STON SEA SALT - one of Europe's finest, rich in iodine and over 80 different minerals.

LOCAL OLIVE OIL - often referred to as liquid gold, renowned for its anti-aging and anti-inflammatory properties.

MEDITERRANEAN HERBS - lavender for its calming and antibacterial effects, immortelle for anti-aging, rosemary to soothe the body and mind, and mint to strengthen immunity, protect against infections, and aid sleep.

Our rose cream and oil, prepared following centuriesold recipes from one of the oldest pharmacies in Europe, infuse our treatments with their joyful aroma, tone the skin, and even act as a natural aphrodisiac.



Villa Spa couple's experiences

Discover the world of VILLA SPA's luxurious treatments designed for couples.



VILLA SPA DALMATIAN EXTRAVAGANZA

90 min 490 € per couple

Immerse yourself in an aromatic body scrub with hand-harvested Ston sea salt and Mediterranean herbs, followed by a full-body massage with olive oil in an intimate setting designed for couples. The experience is beautifully complemented with sparkling wine and oysters*.

* Oyster availability may vary due to seasonal supply. In such cases, our Chef will provide a suitable seafood alternative.

VILLA SPA RHAPSODY IN ROSES

90 min 480 € per couple

Relax and rediscover tranquility through the timeless aroma of roses. Enjoy a full-body massage and soothing face/ scalp massage using rose oil and natural rose cream, crafted according to a centuries-old Franciscan recipe from one of Europe's oldest pharmacies. Complete your sweet escape with sparkling wine.

Facial treatments

Sodashi

SODASHI NATURAL SKINCARE

Sodashi 100% natural cosmetics are part of the Villa Spa experience, offering a holistic approach to beauty that goes beyond skincare- nourishing the mind, body, soul, and emotions.

Sodashi's exceptional, unique formulas and premium natural ingredients deliver healthy, radiance. Sodashi naturally uplifts the mind, body and spirit. Sodashi is an ancient Sanskrit word which means "wholeness, purity and radiance".

SAMADARA ULTIMATE AGE-DEFYING FACIAL

Samadara is Sodashi's most powerful anti-ageing range to transform and reawaken the skin's natural intelligence to a higher level of consciousness, restoring the memory of facial muscles and reminding them to retain their vitality. A facial massage with Rose Quartz Crystals helps the powerful Samadara ultimate Age-Defying Creme penetrate deeply for maximum effect. The treatment combines advanced anti-ageing techniques and a radiant marine mask, leaving your skin purified, lifted, and firmed.

80 min 320 €

105 min* 370 €

*Additionally this the most powerful anti-ageing facial is the most luxurious. Used special Thermal Infusing mask to do natural Face lift, deeply nourish, stimulates circulation and relaxes facial muscles.

SIGNATURE FACIAL

60 min

210 €

This deeply hydrating and revitalising facial is tailored to your skin's individual needs. Using high-performance natural ingredients, it enhances firmness and elasticity, reduces the appearance of fine lines, and restores a youthful glow. Gentle massage techniques stimulate circulation, while a customised mask delivers intense nourishment, leaving your skin smooth, radiant, and refreshed.

SIGNATURE THERMAL INFUSING FACIAL

90 min

315 €

We'll take your skin on a journey of total renewal, tailored to your individual needs and enhanced by a specialized facial massage. Additionally this powerful anti-ageing facial uses special Thermal Infusing mask to do natural Face lift deeply nourishes, stimulates circulation and relaxes facial muscles. Tailored to your unique skin type, this perfect detox leaves the skin luminous and refreshed.

MEN'S FACIAL

60 min

210 €

Specially designed for men's skin, this Sodashi facial includes cleansing exfoliation, facial massage, and a nourishing mask that tones, revitalizes, and refreshes the skin.

111SKIN

A precious skincare brand created and mastered by Dr Yannis Alexandrides. The product formulas are a reaction to the real-life concerns of his clients, utilising innovative science to replicate the efficacy of his in-clinic treatments.

THE REPARATIVE LONGEVITY FACIAL 60 min 230 €

A high-performance facial to deeply nourish and hydrate. Suitable for all skin types, its formulation is especially effective to calm and soothe damaged, inflamed, and irritated skin. Originally created by Dr. Yannis Alexandrides, harnessing the power of our exclusive NAC Y2TM complex to strengthen the skin barrier and prevent further inflammation.

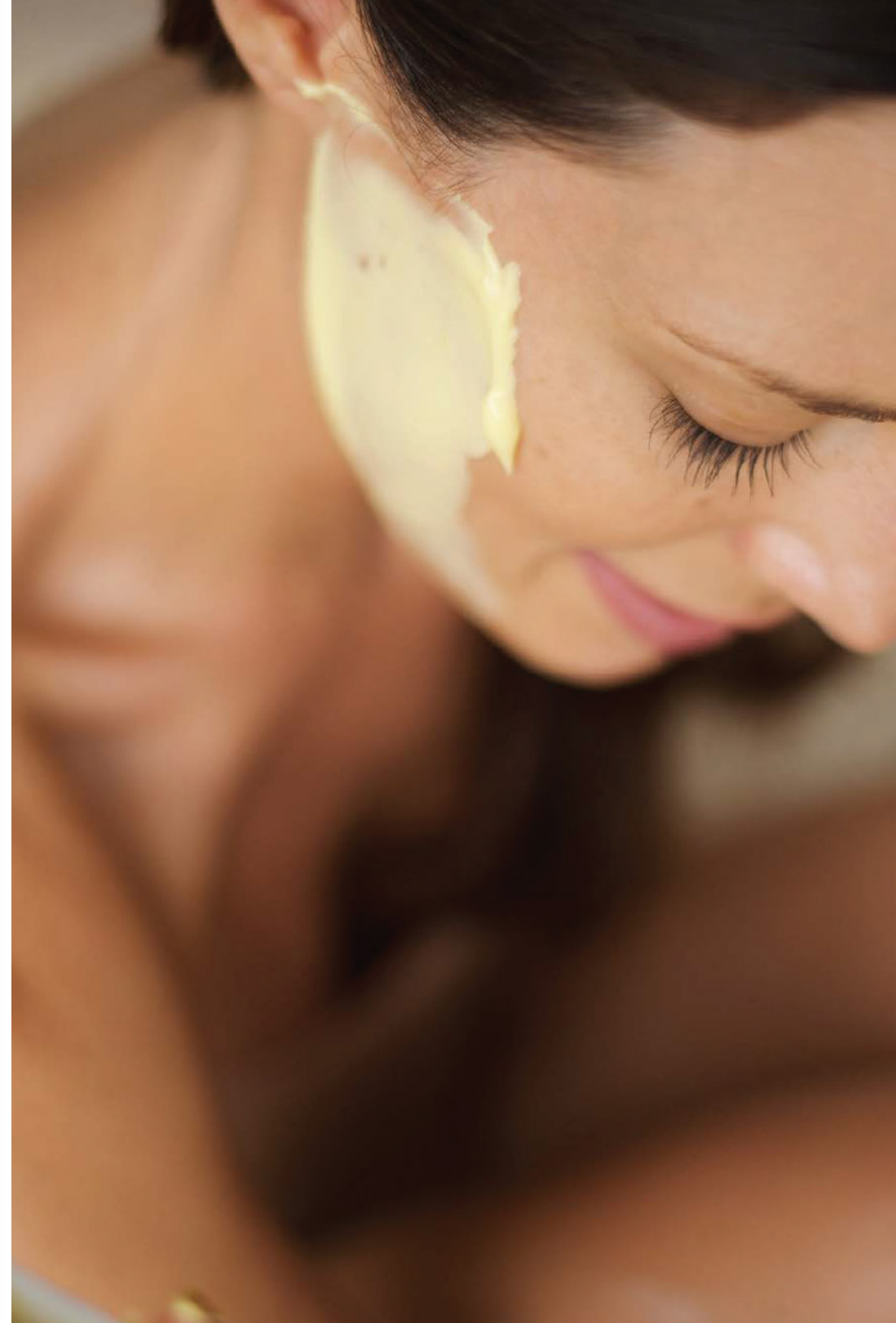
BLACK DIAMOND NON-SURGICAL LIFT FACIAL 90 min 360 €

Our most opulent anti-ageing facial. This treatment includes gentle exfoliation revealing smoother more even skin tone and actives with advanced delivery through Fine Diamond Particles, and our patented NAC Y2TM formula.

A combination of Wrinkle Minimising Wand application and signature deep facial muscle massage techniques ensures the face is lifted, firmed and sculpted along the natural contours for a truly lifted and youthful appearance.

DE-PUFFING CRYO FACIAL WITH CRYO GLOBES 60 min 260 €

These facial harnesses cryo-inspired technology and re-energising formulas to increase microcirculation, and instantly diminish puffiness and fatigue. The cooling globes massage encourages lymphatic drainage and detoxification, making it appear visibly brighter, toned, and refreshed. It's an invigorating facial for tired and lacklustre skin in need of rejuvenation.



SIGNATURE GUA SHA FACIAL MASSAGE

40 min

120 €

This rejuvenating facial uses a specially crafted gua sha stone to stimulate facial circulation, relax muscles, smooth the skin, and boost collagen production. The result is a glowing, healthy complexion. Can be booked independently or as an add-on to any treatment.

SIGNATURE FACIAL ACUPRESSURE

40 min

120 €

Facial acupressure uses gentle finger pressure on specific points to stimulate energy flow. This treatment enhances natural facial beauty by reducing signs of aging, lifting and firming the skin, minimizing double chin, relieving sinus pain and headaches, relaxing eye muscles, and assisting with acne concerns.



Villa Spa body massages

A dream encounter the perfect touch that unites soul and body. A world of harmony and pleasure. Treatments that awaken the senses, using natural Dalmatian oils or premium Sodashi products.

EXPERIENCE	60 min	210 €
MASSAGE	90 min	315 €

A full-body massage designed to meet your specific needs with personalized techniques and a selection of natural local oils.

DEEP TISSUE MASSAGE	60 min	222 €
	90 min	332 €

Using natural local oils and deep pressure techniques, this massage targets muscle layers to release stress, tension, and lactic acid buildup.

CRYSTALUS MASSAGE	80 min	280 €
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A signature sensory journey for the mind, body, and spirit using ancient healing crystals. Deeply relaxing, this massage helps release stress on the deepest levels.

MEDITERRANEAN RELAXING MASSAGE	60 min	210 €
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A soothing full-body massage inspired by the sea, combining natural Mediterranean herbal oils and wave-like massage techniques to fully relax your body and mind.

DESTRESS MASSAGE	45 min	180 €
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This focused massage of the back, neck, décolleté, and face helps relieve tension and release accumulated stress.

Villa Spa body treatments

The body recognizes, feels, and breathes through movement and touch — embracing the gifts of purity, water, essences, and salt.

SIGNATURE VILLA SPA FULL BODY SCRUB 30 min 100 €

Smooth away rough skin with this gentle exfoliation treatment, ideal for dry or dull skin. A highly relaxing experience leaving the skin silky soft. Choose your perfect scrub in consultation with our therapists.

MEDITERRANEAN SCRUB
Hand-harvested Ston salt and Mediterranean herbs deeply cleanse and smooth the skin.

OLIVE SCRUB
A gentle, antioxidant-rich exfoliation using olive pomace and olive oil to nourish and tone the skin.

MINT FOOT THERAPY 30 min 100 €

Soothe and revive tired feet with a sea salt scrub that refreshes the skin and stimulates circulation. A natural foot cream with mint, arnica, lavender, and paprika is massaged into the feet and lower legs for total relaxation and improved circulation.

SCALP TREATMENT 30 min 100 €

Working through dry hair. Massaging the scalp and hair with warm Deep Conditioning Hair and Scalp Mud followed by a warm wrap. Moisturiser the hair and scalp, stimulates circulation and encourages the growth of healthy new hair. Purifies and cleanses the scalp. Revitalises dry and damaged and coloured hair.

HIDRATATION TREATMENT 45 min 160 €

A deeply hydrating and soothing body treatment designed to restore and rehydrate the skin after sun exposure, using active ingredients such as aloe vera and lavender.

Villa Spa signature rituals

BLACK DIAMOND
SCULPTING TREATMENT 60 min 330 €

Opulent and indulgent, this powerful body treatment delivers dramatic results from 111SKIN's Intensive range to shape, smooth and saturate the skin with nourishment. Through signature massage techniques and potent formulas, lymphatic drainage is encouraged, and skin is firmed. The result is a smoother, sculpted and more radiant looking figure.

EXPERIENCE MASSAGE
WITH BODY SCRUB 90 min 310 €

A natural scrub of your choice will gently exfoliate the skin, leaving it radiant and renewed. Followed by a deeply relaxing full-body aromatherapy massage using natural olive oil essences, tailored to your individual needs for a truly Mediterranean experience.

EXCLUSIVE EXPERIENCE -
PRIVATE SPA 240 min 1900 €

Indulge in a truly unique romantic escape with exclusive evening access (8 p.m. - midnight) to the entire Villa Spa. Share intimate moments with your partner in complete privacy, enjoying the full spa facilities including saunas, relaxation lounge, and indoor pool. Enhance your experience by choosing one of our signature couple's treatments in consultation with your personal therapist. Complete your evening with sparkling wine, savory and sweet delicacies specially prepared for you.

Advance reservation required at least 24 hours prior.



Mindfulness & movement

A holistic approach that blends movement with present-moment awareness, creating a powerful synergy for stress reduction and mental clarity. Perfect for those seeking a personalized journey guided by a professional yoga therapist, connecting mind and body through conscious breathing, movement, and presence.

MINDFULNESS MORNING RADIANCE

Sunrise Ascent	240 min	385 € per person
to Srđ Mountain	240 min	525 € per couple

Begin your day with a transformative adventure that blends nature, mindfulness, and breathtaking views. Starting at 6 AM, this sunrise experience reconnects you with the stunning beauty of Dubrovnik's surroundings. Energize your body and mind through mindful hiking, while the rising sun fills you with vitality and peace. At the summit, unwind with a 30-minute yoga session suitable for all levels, followed by a 15-minute guided meditation. Descend on foot (approx. 60 min) and conclude your morning with a gourmet à la carte breakfast on the Pjerin terrace, overlooking the Old Town.

Includes: yoga mat, refreshments, light energy-boosting snack, private round-trip transfers, personal yoga guide, a 55-minute signature couples massage, and Welnamis therapy session in consultation with Villa Spa.

Reservation required at least 24 hours in advance.



SERENITY WALK - SOOTHING LOKRUM ISLAND ESCAPE

426 € per person
602 € per couple

Embark on a peaceful journey to Lokrum Island, reconnecting with nature and your inner calm. Depart at 9 AM by private boat from Dubrovnik's Old Port, accompanied by your personal yoga guide. The experience begins with an introduction to the island's natural wonders, followed by Breathwalk - a 60-minute meditative walk through Lokrum's pine forest, enhanced with calming breathing exercises. Reaching a secluded grove, enjoy gentle yoga stretches and meditation, creating a deep mind-body harmony. Afterwards, refresh with a drink and explore the island's hidden corners - visit botanical gardens, swim in the crystal-clear sea, try cliff-jumping, or relax under ancient olive trees. End your journey with an optional freshly prepared traditional lunch at Restaurant Giardino, nestled in the peaceful garden of Villa Dubrovnik.

Includes: private yoga guide (up to 3 hours), private transfer to/from the Old Town, refreshments, yoga mat, boat tickets to Lokrum Nature Reserve, a 55-minute signature massage, and a 30-minute Welnamis therapy session.

Reservation required at least 24 hours in advance.

PRIVATE YOGA SESSION 60 min 144 €

Reconnect mind and body with a professional yoga guide at sunrise on the most scenic terrace of Villa Dubrovnik, offering unforgettable views of the Old Town.

Reservation required at least 24 hours in advance.

PRIVATE COUPLES YOGA SESSION 60 min 150 €

Deepen your connection with your partner through movement and mindfulness. Experience intimacy, trust, and relaxation guided by a master yoga instructor as the sun rises over Dubrovnik.

Reservation required at least 24 hours in advance.

PRIVATE FITNESS SESSION 60 min 140 € per person
150 € per couple

Stay fit or kickstart your wellness journey with a personalized circuit workout, **Fit boxing class or Strength Class** led by a professional fitness trainer.

Reservation required at least 24 hours in advance.



Special hands-free relaxation treatment

WELNAMIS THERAPY BED

Experience Welnamis an award-winning acoustic and vibrational therapy bed designed to guide your mind into deep relaxation states. Using specific sound waves and binaural frequencies, Welnamis delivers profound relaxation even to the busiest minds. While lying comfortably, dynamic vibrational frequencies and multi-layered audio programs harmonize body and mind, stimulating your energy centers.

CHOOSE FROM FOUR SPECIALLY DESIGNED PROGRAMS:

- **Stress Relief** is ideal for first-time users, promotes deep relaxation while maintaining a state of mental presence.
- **Mindfulness** activates creativity, intuition, dreams, and promotes light sleep, often connected to the REM phase of sleep.
- **Powernap** stimulates a deep regenerative state associated with deep sleep, which is the most restorative part of the cycle and extremely beneficial for people struggling with insomnia.
- **Awareness** is the most innovative program, designed to enhance perception, learning, problem-solving, and enable fast and efficient thinking.

WELNAMIS TREATMENTS	30 min	100 €
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WELNAMIS TREATMENT

ADD-ONS:

Choose one of the Welnamis programs for complete body and mind relaxation, then continue your experience with one of the following additional treatments:

FACE, FOOT, OR HEAD MASSAGE	30 min	85 €
FULL BODY MASSAGE AFTER THE WELNAMIS SESSION	60 min	160 €

VILLA SPA WELNAMIS

SIGNATURE RITUAL

	120 min	320 €
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A treatment that combines the power of touch, nature, sound, and vibration technology for the ultimate relaxation. A natural body scrub removes dead skin cells, leaving the skin radiant. This is followed by relaxation on the Welnamis bed and a full body massage with natural oils of your choice. Complete the experience with a detox smoothie and additional relaxation in the spa zone or by the pool.

Villa Spa beauty

We experience and connect with the world through our hands and feet a world defined by beauty, form, and health.



VILLA SPA O·P·I MANICURE

VILLA SPA LUXURY MANICURE	75 min	115 €
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A manicure with a deep exfoliation treatment for soft and smooth skin, followed by nail buffing and polish application.

VILLA SPA MANICURE	60 min	80 €
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Includes cuticle removal, nail shaping, exfoliation, buffing, and polish application.

REMOVAL OF GEL POLISH	30 min	30 €
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VILLA SPA O·P·I PEDICURE

VILLA SPA LUXURY PEDICURE	90 min	120 €
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A pedicure with a deep exfoliation treatment for soft and smooth skin, followed by nail buffing and polish application.

VILLA SPA PEDICURE	75 min	90 €
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Includes nail shaping, cuticle removal, buffing, and polish application.

VILLA SPA WAXING

FULL LEGS	100 €
PARTIAL WAXING	50 €

Villa Spa house rules

BOOKING YOUR TREATMENT

We recommend booking in advance to secure your preferred date and time.

CANCELLATIONS

If you need to cancel, change, or reschedule your appointment, please do so at least 6 hours prior to your scheduled treatment. Cancellations made later will be fully charged.

PRIOR TO YOUR TREATMENT

Please arrive at the Villa Spa reception 15 minutes before your scheduled appointment so we can properly prepare you for your treatment.

MOBILE PHONE POLICY

We kindly ask you to switch off your mobile phone upon entering the Villa Spa.

SPA ETIQUETTE

The spa environment is a place of peace and tranquility. Please respect the quiet of the premises and the privacy of other guests by speaking softly.

SPECIAL NOTICE

TVs or music cannot be played loudly to maintain a peaceful environment for all Spa & Fitness guests.

SMOKING POLICY

The Villa Spa zone is strictly nonsmoking. We kindly ask you to refrain from smoking while in the Spa & Gym.

VALUABLES AND MONEY

We advise against wearing jewelry during treatments. Please leave your valuables in your room. The hotel does not take responsibility for valuables not stored in the in-room safe.

HEALTH CONCERNS

Please inform us of any medical conditions or special needs prior to your treatment. You will be asked to complete a consultation form before your treatment so our therapists can customize the experience to your needs.

RELAX ZONE

Before and during the use of the RELAX ZONE (saunas), guests are required to shower and use towels for drying. Please note that the Finnish and steam saunas are not recommended for pregnant women or guests with certain health conditions. Saunas are to be used without swimwear.

CHILDREN IN THE SPA

The spa area is not recommended for children under the age of 16. If children are with you, please take full responsibility for their safety and consider the relaxation of other guests.

FITNESS/GYM ZONE

Guests are required to wear sports attire when using the gym facilities.

VILLA SPA WILL NOT BE HELD RESPONSIBLE FOR ANY INJURIES OR DAMAGES OF ANY KIND RESULTING FROM THE DIRECT USE OF VILLA SPA OR FITNESS CENTER FACILITIES.

**Thank you for visiting
Villa Spa.**

**We hope you enjoy
your stay!**





VILLA DUBROVNIK

DUBROVNIK

VILLA SPA ADDRESS & CONTACT

VILLA DUBROVNIK
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SPA RESERVATIONS

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OPENING HOURS

8 a.m. - 9 p.m.

For individual bookings, please contact
the VILLA SPA reception.

VAT is included in all prices. Prices and treatments
are subject to change without prior notice.
Spa menu valid from March 31, 2026.



THE LEADING HOTELS
OF THE WORLD®